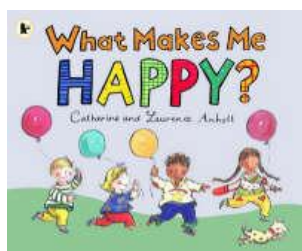


Stories about fears

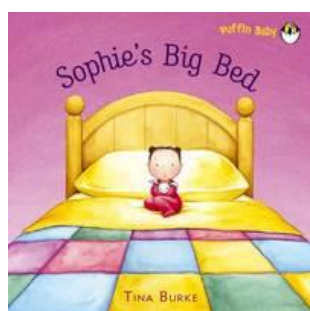
Stories mainly for children exploring the emotions and feelings associated with different fears.

Clicking on individual titles will take you to the library catalogue where you can find out more about the book, find out which library has a copy, or reserve a copy for collection at your local library.



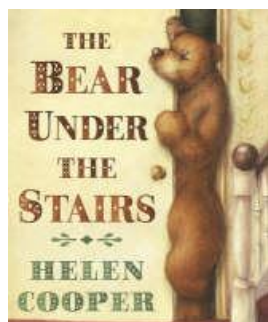
[What Makes Me Happy?](#)

Catherine Anholt
Picture book



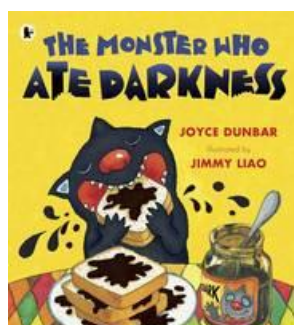
[Sophie's Big Bed](#)

Tina Burke
Picture book



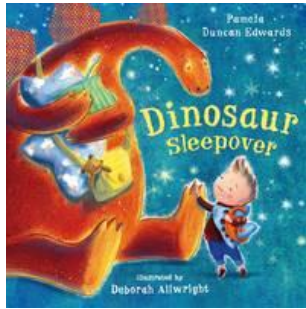
[Bear Under the Stairs](#)

Helen Cooper
Picture book

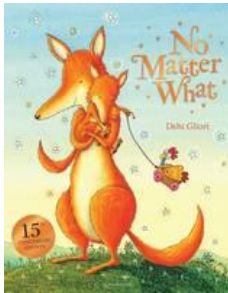


[Monster Who Ate Darkness](#)

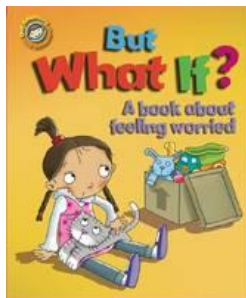
Joyce Dunbar
Picture book



[Dinosaur Sleepover](#)
Pamela Duncan Edwards
Picture book



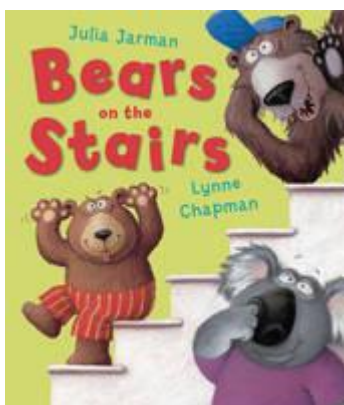
[No Matter What](#)
Debi Gliori
Picture book



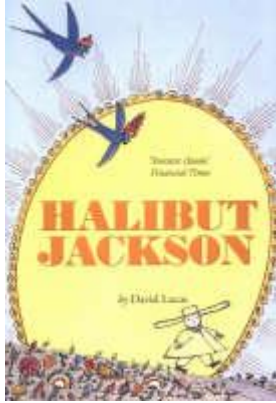
[But What if? A Book About Feeling Worried](#)
Sue Graves
Information book, J152.46



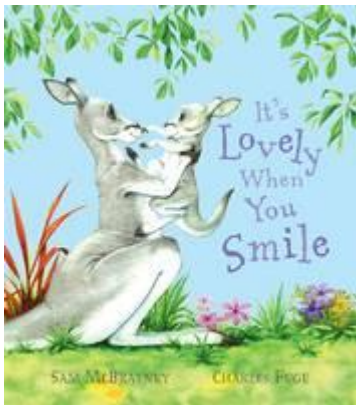
[Huge Bag of Worries](#)
Virginia Ironside
Picture book



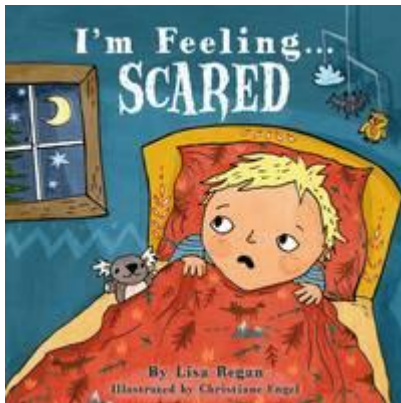
[Bear On the Stairs](#)
Julia Jarman
Picture book



[Halibut Jackson](#)
David Lucas
Picture book



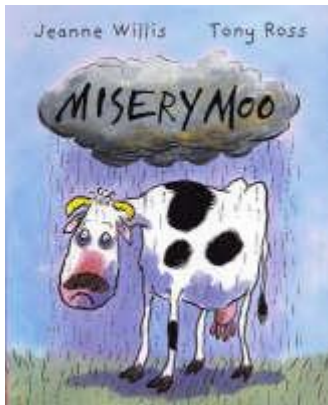
[It's Lovely When You Smile](#)
Sam McBratney
Picture book



[I'm Feeling Scared](#)
Lisa Regan
Information book J152.46



[Can't You Sleep Little Bear](#)
Martin Waddell
Picture book



[Misery Moo](#)
Jeanne Willis
Picture book