



September & October 2022 – MENU

W/C 26th September

Monday	Tomato, cheese & tuna pasta with salad and bread
Tuesday	Sausage & mash with vegetables and gravy
Wednesday	Chicken korma with rice & naan bread
Thursday	Vegetable quesadillas with wedges
Friday	Chilli con carne with jacket potato and salad



W/C 3rd October

Monday	Macaroni cheese
Tuesday	Jacket potato with beans, hoops or tuna mayonnaise
Wednesday	Bacon and cheese turnovers
Thursday	Sausage casserole
Friday	Pizza and chips

W/C 10th October

Monday	Spaghetti bolognese with salad and homemade bread
Tuesday	Shepherd's pie with vegetables and homemade bread
Wednesday	Beef stew with roast potatoes, vegetables and gravy
Thursday	Roast chicken with Yorkshire puddings
Friday	Jacket potato with beans and cheese



W/C 17th October

Monday	Pork Menudo with rice
Tuesday	Chilli con carne with jacket potato
Wednesday	Mars Parent's lunch
Thursday	BBQ chicken with cous cous or pasta
Friday	Beef stew, baby potatoes and vegetables